

**INTEGRAL  
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AGRICULTURE PROGRAM**

**Report on “Extension Activity – Digital Literacy Programme”**  
**Organized by Department of Civil Engineering, Integral University, Lucknow in**  
**association with NSS**  
**on 22 May 2025**

The Department of Civil Engineering, Integral University, Lucknow, in association with NSS organized an Extension Activity titled **"Digital Literacy Programme"** on 22nd May 2025 for the students of Integral International School, Sansarpur. The event took place in the Seminar Hall of Block E. Mr. Faraz Hasan Qadri served as the resource person for the session. The programme aimed to promote awareness among school students about the safe, responsible, and informed use of digital technologies, with a special emphasis on current digital threats and online behaviour.

The session began with a discussion on the ill effects of internet and social media, where Mr. Qadri explained how overuse can lead to addiction, distraction, low self-esteem, and poor mental health, particularly among teenagers. He urged students to manage their screen time wisely and maintain a balance between their online and offline lives. Following this, the focus shifted to fake news and misinformation, emphasizing the dangers of believing and sharing unverified content. The students were introduced to fact-checking tools and taught to think critically before trusting digital information. A particularly eye-opening segment covered deep fakes and fake content, where the speaker explained how AI-generated visuals can be used for impersonation, misinformation, and even defamation. He showed examples of deep fakes and highlighted their potential social and legal consequences.



*Mr. Faraz Qadri addressing the event*



*Students' interaction with the speaker*



*Interaction with the student*

Mr. Qadri then spoke about cyber fraud and cybersecurity, educating students about common online scams such as phishing, identity theft, and online payment frauds. He stressed the importance of strong passwords, privacy settings, and vigilance while browsing or using apps. Practical tips were shared to help students protect their digital identity. The session concluded with an important conversation on digital well-being and online behaviour management, in which students were guided on how to develop healthy digital habits, such as using screen-time trackers, avoiding online arguments, and promoting respectful communication in digital spaces. Students were encouraged to become responsible digital citizens and to report harmful or suspicious activities online.



*Teachers and Students during the Event*

The event was coordinated by Mr. Mohd Asim and Mr. Faraz Hasan Qadri, Assistant Professor, Department of Civil Engineering along with Mr. Mohd Yaqoob, Lab Technical, Department of Civil Engineering and a total of 73 students has attended the programme. The event successfully delivered its objective of building a foundational understanding of digital literacy among young students and left them better equipped to face the challenges of the digital age with confidence and awareness. The Department of Civil Engineering expressed its commitment to organizing more such impactful extension activities in the future as part of its community outreach and social responsibility initiatives..

At the end of the session, Mr. Mohammad Asim delivered the vote of thanks, expressing his gratitude to the resource person, Mr. Faraz Qadri, the school faculty, the enthusiastic participants, and organization team for making the event a meaningful and impactful experience. He also thanks principal, Integral International School for his initiation for the students' visit. He also expressed his sincere thanks to Prof. Syed Aqeel Ahmad, Head, Department of Civil Engineering, for his valuable guidance and consistent support in organizing such initiatives. The Department of Civil Engineering reaffirmed its commitment to organizing more such outreach activities in the future as part of its social responsibility and educational enrichment efforts.